St. Johns River Water Management District Commercial Motor Vehicle Drivers Drug Testing Program Notice to Job Applicants

About the Commercial Motor Vehicle Drivers Drug Testing Program

The St. Johns River Water Management District (District) complies with the Federal Omnibus Transportation Employees Testing Act of 1991 by requiring certain alcohol and controlled substance testing of employees who perform safety-sensitive functions related to transportation. This program is known as the Commercial Motor Vehicle Drivers Drug Testing Program and is described in District Administrative Directive 510, Employment Compliance.

The Commercial Motor Vehicle Drivers Drug Testing program is administered independently of the District's Drug Free Workplace Program. Employees subject to the Commercial Motor Vehicle Drivers Drug Testing Program are also subject to the Drug Free Workplace Program.

Alcohol and controlled substances use can have serious detrimental effects on an individual's health, work performance, and personal life. These substances impair cognitive function, coordination, and judgment, which can lead to accidents, injuries, and even fatalities.

Recognizing signs and symptoms of alcohol or controlled substances problems is crucial for maintaining a safe work environment. These signs may include but are not limited to:

- Changes in behavior or mood swings
- Increased absenteeism or tardiness
- Decreased productivity or quality of work

An employee experiencing alcohol or controlled substance related issues may contact:

- <u>Employee Assistance Program (EAP)</u> The District provides access to confidential counseling and support services through our EAP. This resource is available to assist employees dealing with personal or work-related challenges, including substance abuse issues.
- Employees can also contact a supervisor, manager, or the Office of Human Resources for guidance. Management is trained to handle these situations professionally and confidentially.

Questions about these programs should be directed to Kenneth Brantley, Office of Human Resources:

- kbrantle@sjrwmd.com
- (386) 329-4285

Commercial Motor Vehicle Drivers Drug Testing Program Description (Excerpt from Administrative Directive 510, Employment Compliance)

(5) COMMERCIAL MOTOR VEHICLE DRIVERS DRUG TESTING PROGRAM.

(A) Program Purpose.

1. The purpose of this program is to comply with the Federal Omnibus Transportation Employees Testing Act of 1991, 49 U.S.C.§31301, et seq. ("Act"), which requires employers to conduct specified alcohol and controlled substance testing of employees who perform safety-sensitive functions related to transportation. It is the intent of the District to fully comply with the requirements of the Department of Transportation, Federal Highway Administration ("DOT"), 49 CFR Part 382, hereby adopted by reference.

- 2. The District, because of its responsibility for the safe, effective, and efficient delivery of public services, has an obligation to eliminate illegal drug and alcohol use from its workplace. Drug and alcohol abuse by employees performing a safety-sensitive function such as operating a commercial motor vehicle is extremely dangerous as well as illegal and could result in or contribute to on-the-job accidents, motor vehicle accidents, and personal injury to District employees and the public.
- 3. An employee has the responsibility to notify his or her supervisor of any misuse of alcohol or controlled substance before performing any safety-sensitive function.
- 4. This program closely parallels the District's Drug-free Workplace Program and in some cases may overlap. However, due to specific record keeping requirements and provisions of the Act, this program will operate independently unless otherwise indicated.

(B) Scope.

The scope of this program is limited to employees possessing a commercial driver's license (CDL) and operating a commercial motor vehicle (CMV) in the course of their duties. All District employees, including those possessing a CDL, will remain subject to the District's Drug-free Workplace Program; however, employees who possess a CDL and operate a CMV in the course of their duties will also be subject to this program.

(C) Definitions.

Alcohol – intoxicating agent in beverage alcohol, ethyl alcohol, or other low molecular weight alcohols, including methyl and isopropyl alcohol.

Commercial Motor Vehicle ("CMV") – a motor vehicle or combination of motor vehicles used to transport passengers or property if the vehicle meets one of the following requirements:

- Has a gross combination weight of 26,001 or more pounds inclusive of a towed unit with a gross vehicle weight rating of more than 10,000 pounds;
- Has a gross vehicle weight rating of 26,001 or more pounds;
- Is designed to transport sixteen or more passengers, including the driver; or
- Is of any size and is used in the transportation of hazardous materials.

Controlled Substance – Any of the following five classes of drugs: amphetamines, cannabinoids (marijuana), phencyclidine (PCP), cocaine, and opiates.

Covered Employee – a District employee who possesses a commercial driver's license ("CDL") and operates a commercial motor vehicle ("CMV") in the course of his or her duties.

Laboratory – any U.S. laboratory certified by the United States Department of Health and Human Services ("HHS") under the National Laboratory Certification Program as meeting the minimum standards of the HHS Mandatory Guidelines for Federal Workplace Drug Testing Programs.

Medical Review Officer ("MRO") – a licensed physician (medical doctor or doctor of osteopathy), employed by or under contract with the District, who has knowledge of substance abuse disorders, laboratory testing procedures, and chain of custody collection procedures; who receives laboratory results generated by an employee drug-testing program; who verifies positive, confirmed test results; and who has the necessary medical training to review and interpret a positive test result in relation to the employee's or job applicant's medical history or any other relevant biomedical information.

Safety-Sensitive Function – activities that are performed from the time a covered employee begins to work or is required to be in readiness to work until the time the covered employee is relieved from work and all responsibility for performing work. Safety-sensitive functions include:

- All time at a District facility, or other property, or on any other public property waiting to be dispatched, unless the driver has been relieved from duty by his supervisor;
- All time spent inspecting equipment or servicing, inspecting, or conditioning a CMV;
- All time spent at the driving controls of a CMV in operation;
- All time, other than driving time, in or upon any CMV, except time spent resting in a sleeper berth;
- All time loading or unloading a CMV, supervising or assisting in loading or unloading, attending a CMV being loaded or unloaded, remaining ready to operate the CMV, or giving or receiving receipts for shipments loaded or unloaded; and
- All time repairing, obtaining assistance for, or remaining with a disabled CMV.

Substance Abuse Professional ("SAP") – a person who evaluates employees who have violated a DOT drug and alcohol regulation and makes recommendations concerning education, treatment, follow-up testing, and aftercare.

(D) Employee Prohibitions and Responsibilities.

1. <u>Alcohol Use Prohibitions for Covered Employees</u> - Covered employees are prohibited from using alcohol anytime during working hours when it could affect performance of a safety-sensitive function. Any consumption of a preparation including alcohol (e.g., beverages or medicines) is considered alcohol use.

The prohibition on alcohol use extends to the following:

- a. Reporting for duty or remaining on duty that requires the performance of a safety-sensitive function while having a blood alcohol concentration of 0.04 or greater;
- b. Possessing alcohol while on duty or operating a CMV;
- c. Using alcohol while performing a safety-sensitive function;
- d. Using alcohol during the four (4) hours before the performance of a safety-sensitive function;
- e. Using alcohol for eight (8) hours following an accident involving a covered employee or until the covered employee undergoes a post-accident test (whichever occurs first).
- 2. <u>Alcohol Use Prohibitions for Supervisors</u> Supervisors of covered employees are prohibited from the following:
 - a. Permitting a covered employee to perform or continue to perform a safety-sensitive function if the supervisor has actual knowledge that a covered employee has an alcohol concentration of 0.04 or greater;
 - b. Permitting a covered employee to operate or continue to operate a CMV if the supervisor has actual knowledge that the covered employee is in the possession of alcohol;

- c. Permitting a covered employee to perform or continue to perform safety-sensitive functions if the supervisor has actual knowledge that the covered employee is using alcohol while performing safety-sensitive functions; and
- d. Permitting a covered employee to perform or continue to perform safety-sensitive functions if the supervisor has actual knowledge that the covered employee has used alcohol within the past four (4) hours.
- 3. <u>Controlled Substance Prohibitions for Covered Employees</u> A covered employee may not report for duty or remain on duty in a safety-sensitive function when using any controlled substance, except when the use is pursuant to the instructions of a physician who has advised the individual that the substance does not adversely affect his or her ability to safely perform safety-sensitive functions. Written verification of this from the physician must be provided to the covered employee's supervisor.

It is the employee's responsibility to obtain information from his or her physician regarding the effect of drugs, whether obtained through a prescription or over-the-counter, on his or her ability to safely perform safety-sensitive functions.

- 4. <u>Controlled Substance Prohibitions for Supervisors</u> Supervisors of covered employees who have actual knowledge that a covered employee has used a controlled substance, except where the covered employee has provided appropriate documentation from a physician, may not permit the covered employee to perform or continue to perform a safety-sensitive function.
- 5. <u>Refusal to Test.</u>
 - a. No covered employee may refuse to submit to random, reasonable suspicion, or post-accident alcohol or controlled substance testing.
 - b. Events that may be considered a refusal to test include, but are not limited to:
 - Failure to report at the collection site when directed to do so;
 - Failure to remain at the collection site;
 - Failure to provide a specimen or a sufficient amount of specimen;
 - Failure to cooperate with any part of the collection process; or
 - Adulteration or substitution of specimen.
 - c. No supervisor may permit a covered employee who refuses to submit to an alcohol or controlled substance test to perform or continue to perform safety-sensitive functions.
 - d. Employee refusal to submit to alcohol or controlled substances testing may be handled in accordance with the Drug-free Workplace Program, with the employee subject to mandatory participation in the District's Employee Assistance Program or other rehabilitation programs, or corrective action, up to and including dismissal.
- 6. <u>Duty to Disclose Certain Arrests or Convictions</u> Covered employees must disclose to their supervisor any arrest or convictions for an alcohol or drug related offense committed while operating any motor

vehicle. Disclosure must be made by the end of the business day on which it occurs, the end of the next business day if it occurs on a weekend or holiday, or before performing any safety-sensitive functions, whichever comes first.

- <u>Supervisor Training</u> Supervisors/managers of covered employees must undergo at least sixty (60) minutes of training on alcohol misuse and at least sixty (60) minutes of training on the misuse of controlled substances. This training must cover the physical, behavior, speech, and performance indicators of probable alcohol misuses and use of controlled substances.
- (E) Alcohol and Controlled Substances Testing Program.

1. <u>Test Protocols.</u>

The actual testing of covered District employees will be performed in accordance with federal regulations, 49 CFR Part 382. All positive test results must be confirmed as required by the law. The individual and as the District will be notified of any confirmed positive results by a Medical Review Officer (MRO). No adverse action will be taken against a covered employee based on a positive screening test without a positive confirmation test.

- 2. <u>Recordkeeping</u>.
 - a. The Office of Human Resources maintains records of the alcohol and controlled substance testing program. Access to those records will be controlled. To preserve employee confidentiality, the Office of Human Resources does not release information pertaining to alcohol or controlled substance testing of a covered employee, except as required by law or expressly authorized in writing.
 - b. A covered or previously covered employee is entitled, upon written request, to obtain copies of or have distributed any records pertaining to the alcohol and controlled substances testing program, including providing those records to a subsequent employer.
 - c. The Office of Human Resources may disclose information required to be maintained under DOT regulations to the decision-maker in lawsuits, complaints, or other proceedings initiated by or on behalf of a covered or previously covered employee arising from the results of an alcohol or controlled substance test.
- 3. <u>Types of Testing</u>. The following tests are required under this program:
 - a. <u>Pre-Employment Testing</u>.

No covered employee may perform a safety-sensitive function for the first time unless he or she has received a verified negative controlled substances test result. This pre-duty test applies to new employees or employees transferred or promoted to a position performing safety-sensitive functions.

If an applicant's pre-employment controlled substance test is verified as positive, or if the applicant refuses the test, the applicant will be excluded from consideration for employment in a safety sensitive position.

b. <u>Post-Accident Testing</u>.

An employee must notify the Office of Human Resources as soon as is reasonably possible following an accident. Post-accident testing for alcohol and controlled substances must be conducted on

covered employees performing safety-sensitive functions as soon as practicable after an accident in the following scenarios:

- If the accident involves a loss of human life; or
- If the covered employee is issued a citation for a moving traffic violation and one or both of the following occurred:
 - (i) One or more motor vehicles is towed from the scene;
 - (ii) There is bodily injury with a person receiving immediate medical treatment away from the scene of the accident.

If the post-accident alcohol test is not performed within two (2) hours of the accident, the employee's supervisor must prepare and maintain on file a record stating the reasons the alcohol test was not administered promptly. If the test cannot be administered within eight (8) hours of the accident, the District must cease attempts to administer the test and state in the record the reasons for not administering the test.

If a required controlled substances test is not administered within 32 hours following the accident, the District must cease attempts to administer the test. The District must maintain a record of the reason(s) it failed to administer the test within the required time frame.

A covered employee subject to post-accident testing may not leave the scene of an accident before a test is administered (except to obtain assistance or emergency medical care) or fail to remain readily available for testing. A covered employee subject to the post-accident testing requirement who unnecessarily leaves the scene of an accident before a required test is administered or fails to remain readily available for testing may be deemed by the District to have refused to submit to testing. The results of a breath alcohol test for the use of alcohol or a urine test for controlled substances that is conducted by federal, state, or local officials having independent authority for the test will be considered to meet the requirements of this section, provided such test conforms to the applicable federal, state, or local alcohol or controlled substances testing requirements and the District obtains the results.

c. <u>Reasonable suspicion testing</u>.

A covered employee will be tested for alcohol or controlled substances when there is reasonable suspicion the employee has violated the prohibitions in subsection (5)(D)1 or 3, above. A determination that reasonable suspicion exists will be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech or body odors of the employee.

Reasonable suspicion alcohol testing can only be directed, and observations giving rise to such testing must be made, during the following times:

- While the covered employee is performing a safety-sensitive function;
- Just before the covered employee is to perform a safety-sensitive function; or
- Just after the covered employee has ceased performing a safety-sensitive function.

A written record of the observations leading to a reasonable suspicion test will be made in accordance with the Drug-Free Workplace Program.

If the alcohol test is not performed within two (2) hours following the observations giving rise to the reasonable suspicion test, the employee's supervisor must prepare and maintain on file a record stating the reasons the alcohol test was not administered promptly. If the test cannot be administered

within eight (8) hours, the District must cease attempts to administer the test and state in the record the reasons for not administering the test.

d. <u>Random testing</u>.

In compliance with the Act, the District is required at a minimum to randomly test on an annual basis ten (10) percent of the average number of CDL driver positions for alcohol and twenty-five (25) percent of the average number of CDL driver positions for controlled substances. The Federal Highway Administration may increase or decrease the minimum annual percentage for alcohol and substance abuse testing based on the reported violation rate.

Covered employees will be randomly selected at various times throughout the year on an unannounced basis for random testing. The selection of covered employees for random alcohol and controlled substance testing will be made by a computer-based random number generator that is matched with a covered employee's random sample number.

During each calendar year, the District will randomly select covered employees for testing in an amount equal to, or greater than, the minimum annual percentage rate set by the Federal Highway Administration. The District will ensure that random testing is unannounced and that test dates are spread reasonably throughout the calendar year.

Random alcohol tests will be performed just before, during, or just after performance of a safety-sensitive function.

e. <u>Return-to-duty testing</u>.

The District is required by law to ensure that, prior to returning to a safety-sensitive function, a covered employee who has violated any of the controlled substances or alcohol use rules undergoes a return-to-duty test with a verified negative result for controlled substances or alcohol use. A return to duty test following alcohol misuse may not exceed an alcohol concentration of 0.02. For a return to duty controlled substances test, the urine specimen must be collected under direct observation.

f. Follow-up testing.

Each covered employee who has been identified by a substance abuse professional (SAP) as needing assistance in resolving problems with controlled substances and/or alcohol and who has returned to duty with the performance of a safety-sensitive function is subject to six (6) follow-up controlled substances and/or alcohol tests over the first twelve (12) months following his or her return to duty. The SAP may require the covered employee to undergo additional controlled substances and alcohol testing for up to sixty (60) months. For a follow-up controlled substances test, the urine specimen must be collected under direct observation.

(F) Consequences of Engaging in Prohibited Conduct, Including a Positive Test Result

- 1. An employee who engages in any conduct prohibited by this directive may be subject to disciplinary action, up to an including termination.
- 2. Following a determination that a covered employee has engaged in the prohibited use of a controlled substance or alcohol, if the covered employee is not terminated from employment, the District will immediately remove the employee from any duty that involves the performance of a safety-sensitive

function. The individual may not be returned to the performance of safety-sensitive function until: (1) the employee undergoes evaluation and, where necessary, treatment; (2) the employee attends a substance abuse recommended course of treatment; and (3) the employee takes a return-to-duty test with a verified negative result.

- (G) Drug and Alcohol Clearinghouse the Federal Motor Carrier Safety Administration established the Drug and Alcohol Clearinghouse (Clearinghouse) in order to maintain records of all drug and alcohol program violations in a central repository and require that employers query the system to determine whether a current or prospective employee has incurred a drug or alcohol violation that would prohibit them from performing safety-sensitive functions.
 - 1. Drug and Alcohol Clearinghouse requirements
 - a. <u>Pre-employment query</u> A prospective employee for a position that includes performance of safetysensitive functions must be registered with the Clearinghouse and provide specific consent, electronically through the Clearinghouse, to the District conducting a pre-employment full query to access all available information.
 - 2. Annual query requirements Covered employees must consent to annual limited queries to the Clearinghouse.
 - a. The District is required to report positive test results, violations, and any follow-up information to the Clearinghouse according to rules set forth in 49 CFR 382 Subpart G.
 - 1. A copy of the report will be provided to the employee prior to the submission or revision of driver information.
 - b. Clearinghouse registration is valid for 5 years, unless cancelled or revoked.
- (H) Electronic mobile devices covered employees are restricted from the use of hand-held mobile devices while driving a commercial motor vehicle, including manually entering or reading messages and also prohibited from talking on the device while holding it in their hand.
- (I) Miscellaneous
 - 1. This program does not prohibit the dismissal or other disciplinary action against an employee pursuant to any other directive, policy, regulation, or law.
 - 2. The Office of Human Resources and the Office of General Counsel are designated to answer questions regarding the federal regulations and their applicability to the District.
 - 3. Upon request, a copy of the federal regulations will be provided to each covered employee.